Interrupting

1. **Ask yourself,** Do I need help right now?
2. **Walk and stop** near the teacher.
3. **Look** at the teacher; **mouth closed.**
4. **Wait** for the teacher’s signal.
5. **Say,** “Please, I need help,” and **say** exactly what you need.

**Teacher Prompts**

1. “Try it first yourself.” “Look at it again.” “Think about it more.” “Can you do it yourself?” “Can you wait and do something instead right now?”
2. “If you really need help right now...” “Or another person you need.” (Teachers can train students to use this skill with other adults.)
3. “Or another adult.”
4. (Teachers will need to teach students what the “signal” is.)
5. “Use a nice or friendly voice.”
Lyrics of “Interrupting” from Core Knowledge Social Skills CD:

Oh, how I love to play dress-up. I can choose what I want to be. Today, I’ll be a pirate And sail away on the sea. I’ll put on a patch That covers my eye, And put on a pirate hat, And a coat with gold buttons I’ll put on last— Oh!!!
These buttons are hard to fasten, So hard to fasten. I don’t know if I Can get them, but I’ll try again. These buttons are hard to fasten, So hard to fasten. I’ll walk up to my teacher And wait to get her signal—“Cathy, what do you need to get you up to speed?”

“Please, may I have help? Please, may I have help with these buttons?”

Oh, how I love painting. I can paint whatever I see. Today, I’ll paint a flower And paint it right next to a tree. I’ll make the blossom, A bright, bright pink. The center, I’ll paint blue. And last of all, I’ll add some green. Oh, this green paint is hard to open, so hard to open. I don’t know if I Can get it, but I’ll try again. This green paint is hard to open, So hard to open. I’ll walk up to my teacher and wait to get her signal—“Cathy, thanks for waiting. What will you be needing?”

“Oh, this piece is hard to fit in, so hard to fit in. I don’t know if I can get it, but I’ll try again. “Hey I got it. . . I didn’t even need help. . . I did it myself!”