Following Directions

1. **Listen** to the direction.
2. **Whisper** the direction to yourself.
3. **Ask** a question if you don’t understand.
4. **Get ready** to follow the direction.

Teacher Prompts

1. "Stay in the Listening Position until you hear the whole direction."
2. "Repeat the direction out loud, in a whisper, or inside your head."
3. "Raise your hand to ask a question."
4. "Think about the steps to the direction."
Lyrics of "Following Directions" from Core Knowledge Social Skills CD:

First I listen to the directions.
Then I whisper them to myself.
If I don’t get it, I’ll ask a question.
Then get ready and follow directions.

First I listen to the directions.
Then I whisper them to myself.
If I don’t get it, I’ll ask a question.
Then get ready and follow directions.

Are you staying still and waiting until
You’ve heard the whole direction?

Did you whisper what was said or say it in
your head this time?

Did you raise your hand if you don’t
understand a word or correction?

If you follow these steps—1, 2, 3
Listen to preps—do re mi
You’ll do fine!

Chorus

If you follow these steps—1, 2, 3
Listen to preps—do re mi
You’ll do fine!

Chorus

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