World Mountains

Teacher Guide
World
Mountains

Teacher Guide
# World Mountains

## Table of Contents

- Introduction .................................................. 1
- *World Mountains* Sample Pacing Guide ......................... 11
- Chapter 1  **Introducing Mountains** .......................... 13
- Chapter 2 **Mountain Animals** .............................. 21
- Chapter 3 **Mountains as Barriers** ............................ 25
- Chapter 4 **Making the Most of Mountains** .................... 30
- Teacher Resources ............................................. 38
Maps provide a scaled-down version of the features of Earth, as well as a system for locating those features. World mountains and mountain ranges influence the weather and the lives and activities of both animals and humans.

Throughout history, mountains have acted as barriers for trade and conquest. Traditionally people who lived in the mountains tended to be isolated from other groups and to develop different ways of living. Mountains are the sources of rivers that provide water for many purposes, including the production of electricity. Many mountain ranges contain a variety of important minerals. Mountains also attract people for recreational uses.
What Students Should Already Know

Students in Core Knowledge Schools should already be familiar with the following:

Kindergarten through Grade 3

- What maps and globes represent and how to use them
- What rivers, lakes, and mountains are and how they are represented on maps and globes
- The location of the Atlantic, Pacific, Indian, and Arctic Oceans, the North and South Poles, and the seven continents
- The name and location of their continent, country, state, and community
- The use of map keys and symbols and directions (east, west, north, south) on a map
- The location of Central America, the Northern American countries (Mexico, Canada, and the United States), the Rocky Mountains, the equator, and the Northern and Southern Hemispheres
- The meaning of peninsula, harbor, bay, island, coast, valley, prairie, desert, oasis, boundary, channel, delta, isthmus, plateau, reservoir, and strait
- Measuring straight-line distances using a map scale
- Using an atlas and, if available, online resources to find geographic information
- Identifying important rivers on the continents of North and South America, Europe, Asia, Africa, and Australia

Grade 4

- Measuring distances using map scales
- Reading maps and globes using longitude and latitude, coordinates, and degrees
- Prime meridian (0° longitude); Greenwich, England; international date line (180° line)
- Reading relief maps for elevations and depressions
What Students Need to Learn

• Major mountain ranges by continent (South America: Andes; North America: Rockies and Appalachians; Asia: Himalayas and Urals; Africa: Atlas Mountains; Europe: Alps, Caucasus)

• High mountains of the world by continent (Asia: Everest; North America: Denali; South America: Aconcagua; Europe: Mount Elbrus, Mont Blanc; Africa: Kilimanjaro)
At A Glance

The most important ideas in Unit 2 are the following:

- Major mountain ranges by continent include the Andes (South America), Rockies and Appalachians (North America), Himalayas and Urals (Asia), Atlas (Africa), and Alps and Caucasus (Europe).

- High mountains of the world by continent are Everest (Asia), Denali (North America), Aconcagua (South America), Mont Blanc and Elbrus (Europe), and Kilimanjaro (Africa).

What Teachers Need to Know

Mountains and Mountain Ranges

Background

A mountain range is a series of connected mountains considered as a single system because of geographical proximity or common geologic origin. Mountains are considered to have a common geologic origin if they formed at the same time by the same set of geologic events.

A large mountain system, like the Appalachian Mountains in northeastern Canada and the United States, may be called by different names in different areas. For example, the Appalachians in the southern United States are called the Blue Ridge, Great Smokies, Cumberland Plateau, and Black Mountains.

South America: Andes

The Andes Mountains are over five thousand miles (8,046 km) in length, the longest mountain system in the world. The mountains begin as four ranges in the Caribbean area on the northeastern coast of South America. In Peru and Bolivia, the mountains form two parallel ranges that create a wide plateau known as the Altiplano. The Andes then form a single range that separates Chile from Argentina.

With an average height of 12,500 feet (3,810 m), the Andes are the second highest mountain range in the world. The Himalayas are the highest.

Approximately 50–60% of Peru’s people live in the Altiplano. About one-third of the nation’s population live in the narrow lowlands between the Andes and the Pacific Ocean. Because the Andes run north to south along the entire length of Chile, most Chileans live in the Central Valley region between the Andes and low coastal mountains.
The Andes Mountains were the home of the Inca people, whom students in Core Knowledge schools studied in Grade 1 and will study again in Grade 5.

**North America: Appalachians and Rockies**

The Appalachian Mountains are the oldest mountain chain in North America and stretch from Newfoundland to central Alabama. They are about 1,800 miles (2,897 km) long and range from 120 to 375 miles (193 to 604 km) wide. The highest peak is Mount Mitchell in North Carolina, named for Maria Mitchell, an astronomer from the 1800s. The Appalachians are divided into various ranges, such as the White Mountains in Maine and New Hampshire; the Alleghenies in Pennsylvania, Maryland, and Virginia; the Blue Ridge Mountains in Maryland, West Virginia, Virginia, North Carolina, and Georgia; and the Great Smokies in North Carolina and Tennessee. Major rivers that flow through the mountains are the Hudson, Delaware, Susquehanna, Potomac, and Tennessee. The mountains are rich in iron and coal deposits but proved a barrier to westward movement in the colonial era until Daniel Boone built the Wilderness Trail, also known as the Wilderness Road, through the Cumberland Gap in 1775.

The Rocky Mountains extend for more than three thousand miles (4,828 km) from Alaska to New Mexico. The highest point in North America is Denali in Alaska. The major ranges of the Rocky Mountains are the Southern, Central, and Northern Rockies in the contiguous United States, the Brooks Range in Alaska, and the Canadian Rockies. The Rocky Mountains were more formidable barriers to travel than the Appalachians because the Rockies are in general twice as tall as the Appalachians. The major pass through the Rockies for travelers in the 1800s was South Pass in Wyoming. The Oregon Trail took this route.

Of major topographical interest is the Continental Divide that runs north and south through the Rocky Mountains. Rivers to the east of this long, high crest flow to the east toward the Arctic or Atlantic Oceans, and rivers to the west of the divide flow toward the Pacific to the west. Lewis and Clark, whom students should have studied in earlier grades, crossed the Continental Divide in 1805 as part of their voyage of discovery.

**Asia: Himalayas and Urals**

Running 1,500 miles (2,414 km) in length, the Himalayas extend across south central Asia in India, Tibet, Pakistan, Nepal, and Bhutan. (Note that there are two acceptable pronunciations of Himalayas: /him*uh*lae*uhz/, which is the more traditional English pronunciation, and /him*al*yuhz/, which reflects the Hindi/Sanskrit pronunciation.) The Himalayas are actually parallel ranges—the Great Himalayas, the Lesser Himalayas, and the Outer Himalayas, which break into smaller ranges in Kashmir, a disputed area along the India/Pakistan border. The Indus, Brahmaputra, and Ganges Rivers all have their sources in the Himalayas.
The Himalayas are the highest mountain range in the world. Mount Everest, the highest mountain in the world, is located in the Great Himalayas, and eleven other peaks in the Great Himalayas rise above twenty-six thousand feet (7,925 m). The Tibetan Plateau at the northern boundary is sometimes referred to as the “roof of the world.”

For many years, no human being had climbed to the summit of Mount Everest, though many had died, or nearly died, trying. However, in 1953, Edmund P. Hillary and Tenzing Norgay finally reached the peak. Since 1953, thousands more climbers have accomplished this most demanding of all mountain climbing feats, and more than two hundred have died trying.

The Himalayas protect Tibet from the monsoon rains that batter the rest of South Asia, but as a result, that area of China is dry and desert-like.

The Urals are much lower mountains that form part of the border between Europe and Asia. The Urals extend for about 1,500 miles (2,414 km) north to south through Russia from the Kara Sea to Kazakhstan. Mount Narodnaya is the highest peak, at 6,214 feet (1,893 m). The mountains are rich in minerals and forests, and as a result, mining and lumbering are important industries.

**Africa: Atlas**

The Atlas Mountains rise in North Africa and extend for 1,500 miles (2,414 km) through Morocco, Algeria, and Tunisia. There are seven ranges within the Atlas Mountains, and they run generally southwest to northeast and along the Mediterranean coast. The highest peak in the Atlas is Mount Toubkal in Morocco. It rises to 13,671 feet (4,164 m).

**Europe: Alps and Caucasus**

The Alps swing in a 650-mile (1,046 km) arc through France, Italy, Switzerland, Germany, and Austria. The mountains are divided into a series of parallel chains: the Western, Central, and Eastern Alps. Several important European rivers—the Po, Rhone, and Rhine—have their sources in the Alps. The defining characteristics of the Alps are their tall, snowy peaks; glacially scoured valleys; beautiful lakes; and glaciers.

The Caucasus Mountains rise along the border of Europe and Asia, between the Black Sea and the Caspian Sea. They stretch 684 miles (1,100 km) across parts of four countries: Russia, Georgia, Azerbaijan, and Armenia. Two ranges form these mountains: the Greater Caucasus and the Lesser Caucasus. Mount Elbrus, the highest peak in the system at 18,481 feet (5,633 m), is part of the Greater Caucasus range.
To qualify as a mountain, a landform must be at least one thousand feet (three hundred m) high.

Anything lower is considered a hill. Mountains also tend to be more jagged and sharply pointed than hills, which are generally rounded and less steep. The mountains listed here represent the highest on their respective continents.

For one hundred years, Denali was called Mount McKinley after one of the U.S. presidents. In 2015, the name officially changed back to Denali—the Native American name for the mountain. The national park in which the peak is located is called Denali National Park and Preserve.

<table>
<thead>
<tr>
<th>Mountain Name</th>
<th>Major Range or System</th>
<th>Location</th>
<th>Elevation (in feet)</th>
<th>Elevation (in meters)</th>
<th>Highest in (the):</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mt. Everest</td>
<td>Himalayas</td>
<td>Asia (Nepal/Tibet)</td>
<td>29,028</td>
<td>8,848</td>
<td>World</td>
</tr>
<tr>
<td>Mt. Aconcagua</td>
<td>Andes</td>
<td>South America (Argentina)</td>
<td>22,835</td>
<td>6,960</td>
<td>Western Hemisphere</td>
</tr>
<tr>
<td>Denali</td>
<td>Alaska</td>
<td>North America (United States)</td>
<td>20,320</td>
<td>6,193</td>
<td>North America</td>
</tr>
<tr>
<td>Mt. Kilimanjaro</td>
<td>none</td>
<td>Africa (Tanzania)</td>
<td>19,340</td>
<td>5,895</td>
<td>Africa</td>
</tr>
<tr>
<td>Mt. Elbrus</td>
<td>Caucasus</td>
<td>Europe (Russia)</td>
<td>18,481</td>
<td>5,633</td>
<td>Europe</td>
</tr>
<tr>
<td>Mont Blanc</td>
<td>Alps</td>
<td>Europe (Alps)</td>
<td>15,771</td>
<td>4,807</td>
<td>Alps</td>
</tr>
<tr>
<td>Mt. Jebel Toukal</td>
<td>Atlas</td>
<td>Africa (Morocco)</td>
<td>13,671</td>
<td>4,167</td>
<td>North Africa</td>
</tr>
<tr>
<td>Mt. Narodnaya</td>
<td>Urals</td>
<td>Eurasia (Russia/Kazakhstan)</td>
<td>6,214</td>
<td>1,894</td>
<td>Russian Urals</td>
</tr>
</tbody>
</table>

To learn more background about specific topics taught in *World Mountains*, go to [www.coreknowledge.org/about-mountains-and-mountain-ranges](http://www.coreknowledge.org/about-mountains-and-mountain-ranges)
UNIT RESOURCES

Student Component

World Mountains Student Reader—four chapters

Teacher Components

World Mountains Teacher Guide—four chapters. The guide includes lessons aligned to each chapter of the World Mountains Student Reader, with a daily Check For Understanding and Additional Activities, such as review and vocabulary activities, designed to reinforce the chapter content. A Unit Assessment, Performance Task Assessment, and Activity Pages are included at the end of this Teacher Guide in Teacher Resources, beginning on page 38.

» The Unit Assessment tests knowledge of the entire unit, using standard testing formats.

» The Performance Task Assessment requires students to apply and share the knowledge learned during the unit through either an oral or written presentation. In this unit, the presentation is written.

» The Activity Pages are designed to reinforce and extend content taught in specific chapters throughout the unit. These optional activities are intended to provide choices for teachers.

USING THE TEACHER GUIDE

Pacing Guide

The World Mountains unit is one of ten history and geography units in the Grade 4 Core Knowledge Curriculum Series™. A total of seven days have been allocated to the World Mountains unit. We recommend that you do not exceed this number of instructional days to ensure that you have sufficient instructional time to complete all Grade 4 units.

At the end of this Introduction, you will find a Sample Pacing Guide that provides guidance as to how you might select and use the various resources in this unit during the allotted time. However, there are many options and ways that you may choose to individualize this unit for your students, based on their interests and needs. So we have also provided you with a blank Pacing Guide that you may use to reflect the activity choices and pacing for your class. If you plan to create a customized pacing guide for your class, we strongly recommend that you preview this entire unit and create your pacing guide before teaching the first chapter.
**Reading Aloud**

In each chapter, the teacher or a student volunteer will read various sections of the text aloud. When you or a student reads aloud, always prompt students to follow along. By following along in this way, students become more focused on the text and may acquire a greater understanding of the content.

**Turn and Talk**

In the Guided Reading Supports section of each chapter, provide students with opportunities to discuss the questions in pairs or in groups. Discussion opportunities will allow students to more fully engage with the content and will bring “to life” the themes or topics being discussed.

**Big Questions**

At the beginning of each Teacher Guide chapter, you will find a Big Question, also found at the beginning of each Student Reader chapter. The Big Questions are provided to help establish the bigger concepts and to provide a general overview of the chapter. The Big Questions, by chapter, are:

<table>
<thead>
<tr>
<th>Chapter</th>
<th>Big Question</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>How are mountains formed?</td>
</tr>
<tr>
<td>2</td>
<td>How do animals survive in the mountains?</td>
</tr>
<tr>
<td>3</td>
<td>How have mountains acted as barriers?</td>
</tr>
<tr>
<td>4</td>
<td>How do people benefit from mountains?</td>
</tr>
</tbody>
</table>

**Core Vocabulary**

Domain-specific vocabulary, phrases, and idioms highlighted in each chapter of the Student Reader are listed at the beginning of each Teacher Guide chapter, in the order in which they appear in the Student Reader. Student Reader page numbers are also provided. The vocabulary, by chapter, are:

<table>
<thead>
<tr>
<th>Chapter</th>
<th>Vocabulary</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>mineral, barrier, weathering, plate, magma, lava, extinct, elevation,</td>
</tr>
<tr>
<td></td>
<td>erosion, equator</td>
</tr>
<tr>
<td>2</td>
<td>surefooted, survive, hibernate, myth</td>
</tr>
<tr>
<td>3</td>
<td>pass, tunnel, gap, wagon train, plateau</td>
</tr>
<tr>
<td>4</td>
<td>crystal, generator, dam, hydroelectric plant, industry, yak, terrace,</td>
</tr>
<tr>
<td></td>
<td>peak</td>
</tr>
</tbody>
</table>
Activity Pages

The following activity pages can be found in Teacher Resources, pages 48–54. They are to be used after students read the chapter(s) specified, during class time or for homework. Be sure to make sufficient copies for your students prior to conducting the activities.

- Chapter 1—Cool Facts About World Mountains (AP 1.1), Major Mountain Ranges and Mountains of the World (AP1.2)
- Chapter 4—World Mountains Domain Vocabulary (AP 4.1)

Additional Activities and Website Links

An Additional Activities section, related to material in the Student Reader, may be found at the end of each chapter in this Teacher Guide. While there are many suggested activities, you should choose only one or two activities per chapter to complete based on your students’ interests and needs. Many of the activities include website links, and you should check the links prior to using them in class.

Cross-Curricular Connections

Science

Geology: The Earth and Its Changes
- How Mountains Are Formed

Books


# World Mountains Sample Pacing Guide

For schools using the *Core Knowledge Sequence* and/or CKLA.

**TG**—Teacher Guide; **SR**—Student Reader; **AP**—Activity Page

## Week 1

<table>
<thead>
<tr>
<th>Day 1</th>
<th>Day 2</th>
<th>Day 3</th>
<th>Day 4</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>World Mountains</strong>&lt;br&gt; (Finishing Using Maps, Unit 1)</td>
<td>&quot;Introducing Mountains&quot;&lt;br&gt; (TG &amp; SR—Chapter 1)</td>
<td>&quot;Cool Facts About World Mountains&quot;&lt;br&gt; (TG—Chapter 1, Additional Activities, AP 1.1)</td>
<td>&quot;Mountain Animals&quot;&lt;br&gt; (TG &amp; SR—Chapter 2, AP 1.1)</td>
</tr>
</tbody>
</table>

**CKLA**

<p>| | | | |</p>
<table>
<thead>
<tr>
<th></th>
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</tr>
</thead>
<tbody>
<tr>
<td>“Personal Narratives”</td>
<td>“Personal Narratives”</td>
<td>“Personal Narratives”</td>
<td>“Personal Narratives”</td>
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</table>

## Week 2

<table>
<thead>
<tr>
<th>Day 5</th>
<th>Day 6</th>
<th>Day 7</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>World Mountains</strong>&lt;br&gt; &quot;Making the Most of Mountains&quot;&lt;br&gt; (TG &amp; SR—Chapter 4, AP 1.1)</td>
<td>Finish &quot;Making the Most of Mountains&quot;&lt;br&gt; (TG &amp; SR—Chapter 4, AP 1.1)</td>
<td>Unit Assessment (TG)</td>
</tr>
</tbody>
</table>

**CKLA**

<p>| | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
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</thead>
<tbody>
<tr>
<td>“Personal Narratives”</td>
<td>“Personal Narratives”</td>
<td>“Personal Narratives”</td>
</tr>
</tbody>
</table>
**WORLD MOUNTAINS PACING GUIDE**

__________________________________________________’s class

(A total of seven days have been allocated to the *World Mountains* unit in order to complete all Grade 4 history and geography units in the *Core Knowledge Curriculum Series™*.)

TG–Teacher Guide; SR–Student Reader; AP–Activity Page

**Week 1**

<table>
<thead>
<tr>
<th>Day 1</th>
<th>Day 2</th>
<th>Day 3</th>
<th>Day 4</th>
<th>Day 5</th>
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<tbody>
<tr>
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</table>

**Week 2**

<table>
<thead>
<tr>
<th>Day 6</th>
<th>Day 7</th>
</tr>
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<td></td>
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</table>
Introducing Mountains

The Big Question: How are mountains formed?

Primary Focus Objectives

✓ Describe why mountains are important. (RI.4.2)

✓ Explain how mountains are formed. (RI.4.3, RI.4.7)

✓ Identify the continents on which the following mountain ranges are located: Andes, Rockies, Appalachians, Alaskan, Himalayas, Urals, Alps, Caucasus, and Atlas. (RI.4.7)

✓ Identify the continents on which the following high mountains are located: Mount Everest, Denali, Mount Aconcagua, Mont Blanc, Mount Elbrus, and Mount Kilimanjaro. (RI.4.7)

✓ Understand the meaning of the following domain-specific vocabulary: mineral, barrier, weathering, plate, magma, lava, extinct, elevation, erosion, and equator. (RI.4.4)

Core Vocabulary (Student Reader page numbers listed below)

mineral, n. a naturally occurring substance found in Earth’s crust (4)

Example: Copper is a mineral found in the Rocky Mountains.

Variation(s): minerals

barrier, n. something that blocks movement (4)

Example: The Sierra Nevada Mountains form a barrier that blocks moisture from traveling east of the mountains.

Variation(s): barriers

weathering, n. the breaking up of Earth’s materials into smaller pieces (4)

Example: Weathering has made the Appalachian Mountains much smoother than younger mountains.

Variation(s): weather, weathered

plate, n. a large section of Earth’s crust that is able to move (5)

Example: When one of Earth’s plates folds up over another, it can create a mountain range.

Variation(s): plates

magma, n. melted rock from inside Earth’s crust (6)

Example: When magma pushes up against Earth’s surface, it can create a mountain.
lava, n. magma, or melted rock, that reaches Earth’s surface (7)

Example: When a volcano explodes, lava often flows down its sides.

extinct, adj. having died out completely (8)

Example: An extinct volcano no longer explodes.
Variation(s): extinction

elevation, n. the distance above sea level of a spot on Earth’s surface (9)

Example: Mount Everest has the highest elevation of any mountain on Earth.
Variation(s): elevations, elevate

erosion, n. the carrying away of soil and rock by water, ice, or wind (9)

Example: Hills without plants often experience erosion when it rains.
Variation(s): erode

equator, adj. the imaginary east/west line on a globe or map that is an equal distance from the North and South Poles; 0° latitude (9)

Example: The equator marks the boundary between the Northern and Southern Hemispheres on Earth.

The Core Lesson 35 min

Introduce the World Mountains Student Reader 5 min

Distribute copies of the World Mountains Student Reader, and suggest students take a few minutes to look at the cover and flip through the Table of Contents and illustrations in the book. Ask students to brainstorm individual words or simple phrases describing what they notice in the Table of Contents and various illustrations; record this information in a list on the board or chart paper. Students will likely mention mountain, animals, snow, volcanoes, or the name of various mountains.

Explain to students that they will be reading about different mountains in the world and how they affect the lives of animals and humans.

Introduce “Introducing Mountains” 5 min

Invite volunteers to name mountains and mountain ranges they have heard of. Have them share any interesting facts they know about the mountain, such as where it is located or how people use it. Explain that in this chapter, they will read about different kinds of mountains all over the world.

Call students’ attention to the Big Question. Ask students to define the word formed. Encourage students to look for details about how mountains are made as they read.
Guided Reading Supports for “Introducing Mountains” 25 Min

When you or a student reads aloud, always prompt students to follow along. By following along, students may acquire a greater understanding of the content. Remember to provide discussion opportunities.

“O beautiful for spacious skies,” Pages 2–3

Invite a volunteer to read the four lines on page 2 aloud.

**SUPPORT**—Explain that the lines are from the poem “America the Beautiful,” written by Katharine Lee Bates. Bates wrote the poem after visiting the Rocky Mountains in the late 1800s. The Rocky Mountains are located on the continent of North America in the United States—specifically, in the states of Colorado, Idaho, Montana, Wyoming, and New Mexico. Her poem was combined with music to create the song of the same name.

**SUPPORT**—Direct students’ attention to the image on pages 2–3, which shows another North American mountain, Denali, located in the state of Alaska. Point out how the sunset makes the snow-covered mountain appear purple. Explain that a similar phenomenon occurs in the Rocky Mountains, hence the “purple mountain majesties” in “America the Beautiful.”

“The Importance of Mountains,” Page 4

Scaffold understanding as follows:

**CORE VOCABULARY**—Read aloud the three paragraphs in this section on page 4, explaining the meaning of mineral and barrier as they are encountered. Explain that gold, copper, and silver are all minerals.

**Note:** Students who completed the Core Knowledge program in Grade 3 may recall the word barrier from their study of ancient Rome. Remind students that the European mountains called the Alps presented a barrier to Hannibal’s army from Carthage.

**SUPPORT**—Direct students’ attention to the Cool Facts box on the bottom of page 4. Invite a volunteer to read the list of facts. Point out and explain the Core Vocabulary term weathering.

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**Core Facts About Mountains**
- Mountains have been admired by humans since ancient times.
- Their peaks can be seen from far away.
- Mountains are home to many different plants and animals.
- They are important for agriculture and industry.

**Vocabulary**
- **mineral**: A naturally occurring substance found in Earth’s crust.
- **barrier**: Something that blocks movement.
- **weathering**: The breaking up of Earth’s materials into smaller pieces.
After reading the text, ask the following questions:

**LITERAL**—How have mountains been important to people?

» Possible answers: They have played a role in world religions. They have made trade, travel, and invasion difficult. They have been used by tourists, skiers, hikers, and climbers.

**LITERAL**—How are mountains important in nature?

» Possible answers: They affect weather and climate. They provide a home for animals. They contain minerals.

"How Are Mountains Made?,” Pages 5–11

Scaffold understanding as follows:

Invite a volunteer to read aloud the first paragraph in the section on page 5.

**CORE VOCABULARY**—Point out the vocabulary box at the top of page 5, and explain the meaning of *plate*. Point out that the word *plate* has many different meanings, such as a dish from which food is eaten. The meaning used in this unit is unique to the study of physical geography.

Read aloud the second paragraph about *folded mountains* on page 5.

**SUPPORT**—Call attention to the fact that the phrase at the start of the paragraph, *folded mountains*, is italicized. Explain that this change in text font helps call attention to the fact that this paragraph will be about folded mountains. Also call attention to the diagram of folded mountains on page 5. Compare the diagram to the description in the text. Point out the pictures of the Himalayas and Appalachians as examples of folded mountains, making sure students note the folds shown in the image of the Appalachians.

Read aloud the paragraph about *fault-block mountains* at the top of page 6.

**SUPPORT**—Call attention to the italicized text and the diagram of fault-block mountains on page 6. Compare the diagram to the description in the text of the Sierra Nevadas.

**CORE VOCABULARY**—Read aloud the second paragraph about *dome mountains* on page 6. Review the Core Vocabulary word *magma*, using the diagram at the bottom of page 6 to illustrate the word’s meaning.

**SUPPORT**—Call attention to the diagram of dome mountains on page 6. Compare the diagram to the description in the text and the image of the Black Hills.

**CORE VOCABULARY**—Read aloud the next two paragraphs, about *volcanic mountains*, on pages 7–8. Point out the Core Vocabulary terms
lava and extinct. Explain that lava is magma that has broken through Earth’s surface. Students may be familiar with the term extinct as it relates to animals (i.e., extinct species). Explain that volcanoes can also go extinct. An extinct volcano is one that no longer explodes or erupts.

**SUPPORT**—Call attention to and discuss the images of Mount Fuji and the diagram explaining how volcanic islands form on page 7.

**Note:** Students who completed the Core Knowledge program in Grade 3 may be familiar with volcanoes from their study of Pompeii and Mount Vesuvius during the *Ancient Rome* unit.

**Have students read to themselves the last three paragraphs of the section on pages 8 and 9. After students read the text, discuss both pages, reviewing the Core Vocabulary and image.**

**CORE VOCABULARY**—Review the Core Vocabulary terms elevation, erosion, and equator. Students may remember the terms elevation and equator from their Unit 1 study of using maps. Explain that the definition of elevation used in this unit is more specific than the definition students learned in Unit 1 (the height of something). The definition used here (the distance above sea level of a spot on Earth’s surface) is the geographic definition.

**SUPPORT**—Point out to students that when referring to the Rocky Mountains without using the word mountains, they are called the *Rockies*.

**SUPPORT**—Call attention to the picture of Mount Everest on page 8. Tell students that the temperature decreases about 3°F for every one thousand feet of elevation. Mount Everest, for example, with a height of more than twenty-nine thousand feet, is about 87° colder at the summit than at sea level.

**Call students’ attention to the chart and map on pages 10 and 11. Discuss briefly as time permits.**

**Note:** Students will devote time during the Cool Facts About Mountains activity examining this chart and map in depth.

**Ask the following questions:**

**LITERAL**—What are the four types of mountains?

- The four types are folded mountains, fault-block mountains, dome mountains, and volcanic mountains.

**LITERAL**—How is each mountain type formed?

- Folded mountains are created when Earth’s crust shifts so that one piece of rock folds over another; fault-block mountains are created by shifting plates where pieces of rock are broken off and shifted upward; dome mountains are created by magma welling up below Earth’s surface; volcanic mountains are created by volcanic eruption.
EVALUATIVE—Why are the Appalachian Mountains not as high as the Rocky Mountains?

» The difference in age could explain the difference in elevation. The Appalachian Mountains are more than two hundred million years old, but the Rocky Mountains are only about one million years old. Younger mountains are usually higher and more rugged than older mountains because they have not been worn down by erosion.

CHECK FOR UNDERSTANDING 10 MIN

Ask students to:

• Write a short answer to the Big Question, “How are mountains formed?”

» Key points students should cite in their answers include: folded mountains are created when Earth’s crust shifts so that one piece of rock folds over another; fault-block mountains are created by shifting plates where pieces of rock are broken off and shifted upward; dome mountains are created by magma welling up below Earth’s surface; volcanic mountains are created by volcanic eruption.

• Choose one of the Core Vocabulary words (mineral, barrier, weathering, plate, magma, lava, extinct, elevation, erosion, or equator), and write a sentence using the word.

To wrap up the lesson, ask several students to share their responses.

Additional Activities

Cool Facts About World Mountains (RI.4.7) 45 MIN

Materials Needed: Sufficient copies of Cool Facts About World Mountains activity page (AP 1.1) and World Mountains Student Reader for students; enlarged copy of AP 1.2, Major Mountain Ranges and Mountains

Ask students to turn to pages 10–11 in their Readers and distribute copies of the activity page Cool Facts About World Mountains (AP 1.1) and Major Mountain Ranges and Mountains (AP 1.2). Explain that students will examine in greater detail today the chart and map on pages 10–11, as well as the chart on AP 1.2, and will use AP 1.1 to record information about the particular mountain ranges and mountains they read about in Chapter 1.

Provide a scaffolded review of how to use charts and maps by asking students to find the following information. Begin by displaying the chart on AP 1.2 for reference as well. Point out the abbreviation Mt. in the chart, and explain that it is an abbreviation for the word Mount.
Note: You may want to divide students into teams and challenge them to see which team is able to provide correct information the most rapidly.

After students respond orally, pause to allow time for them to record each “cool fact” on AP 1.1.

- Look at the chart on page 10. What is the highest mountain in the world, and on which continent it is located?
  » The highest mountain in the world is Mt. Everest in Asia.

- What is the highest mountain in Europe?
  » Mt. Elbrus is the highest mountain in Europe.

- What mountain range is located on the continent of Africa?
  » The Atlas Mountain range is located in Africa.

- On what continent are the Alps located?
  » The Alps are located in Europe.

- Which mountain is the highest mountain in South America?
  » Mt. Aconcagua is the highest mountain in South America.

- What mountain range is Mt. Aconcagua a part of?
  » It is part of the Andes Mountains.

- What is the highest mountain in the Alps?
  » Mont Blanc is the highest mountain in the Alps.

Now, display the map on the second page of AP 1.2, and ask the following questions.

- According to the map on page 11, which continent has three major mountains? What are the names of those mountains?
  » Europe has three major mountains: Mt. Elbrus, Mont Blanc, and Mt. Narodnaya.

- On what continent is Mount Kilimanjaro located?
  » Kilimanjaro is located in Africa.

- What is the highest mountain on the continent of North America?
  » Denali, which was formerly known as Mt. McKinley, is the highest mountain in North America.

Instruct students to use the remaining class time to skim and review Chapter 1, adding more facts about the mountain ranges and mountains discussed in Chapter 1, including how they were formed.
Some information, such as the type of mountain or the name of a famous peak, may not be available in this particular chapter. Students may leave those squares of the chart blank. Students should, however, be able to identify the location and mountain type for the Himalayas, Appalachians, and Mount Kilimanjaro. The chart and map on pages 10 and 11 will help identify the location and names of famous peaks for other ranges, such as the Alps and Atlas Mountains.

Be sure students save AP 1.1 for future reference. Tell students they will add more details to the chart as they learn more about each mountain range in later chapters. These details may include the types of animals that live in the mountain range, the resources that are found in the mountain range, or how people use the mountains in the range.
CHAPTER 2

Mountain Animals

The Big Question: How do animals survive in the mountains?

Primary Focus Objectives

✓ Explain how some animals have adapted to mountain environments. (RI.4.2)
✓ Describe the different animals that live on mountains in different parts of the world. (RI.4.1)
✓ Understand the meaning of the following domain-specific vocabulary: surefooted, survive, hibernate, and myth. (RI.4.4)

Core Vocabulary (Student Reader page numbers listed below)

<table>
<thead>
<tr>
<th>Term</th>
<th>Definition</th>
<th>Example</th>
<th>Variation(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>surefooted, adj.</td>
<td>not likely to fall (12)</td>
<td>A person who does gymnastics needs to be surefooted.</td>
<td></td>
</tr>
<tr>
<td>survive, v.</td>
<td>to stay alive (14)</td>
<td>Some animals grow extra thick winter coats to survive the cold weather.</td>
<td>survives, survived, surviving, survivor</td>
</tr>
<tr>
<td>hibernate, v.</td>
<td>to go into a sleeplike state during winter and live off body fat (14)</td>
<td>Some animals, such as bears, may hibernate during winter in caves in mountains.</td>
<td>hibernates, hibernating, hibernated, hibernation</td>
</tr>
<tr>
<td>myth, n.</td>
<td>an idea or story that many people believe but that is not true (17)</td>
<td>The Ancient Greeks used a myth to explain why we have the seasons of winter and summer.</td>
<td>myths</td>
</tr>
</tbody>
</table>

Introduce “Mountain Animals”  

Ask students to look at several images of mountains from the text. Ask students to name words that describe conditions on mountains. (Possible answers: cold, windy, lots of rocks, steep slopes). Write words on the board or
chart paper, clustering words related to weather and climate (e.g., cold and windy) together and words related to other mountain conditions (e.g., steep and lots of rocks) together. Ask students to identify what people or animals might need to live in conditions like these.

Draw students’ attention to the Big Question. Explain the Core Vocabulary word survive. Tell students that they will be reading about the many kinds of animals that live on mountains and how they have adapted to help them survive harsh conditions.

**Guided Reading Supports for “Mountain Animals”**

When you or a student reads aloud, always prompt students to follow along. By following along, students may acquire a greater understanding of the content. Remember to provide discussion opportunities.

### “An old tall tale” and “Getting Around,” Pages 12–13

Invite a volunteer to read the paragraph that begins “An old tall tale” and the first paragraph of the section “Getting Around” on page 12.

**SUPPORT**—If students have difficulty understanding what the text is describing, draw a sketch on the board or on chart paper of an uneven-legged goat going up and then going down a mountain.

**CORE VOCABULARY**—Read aloud the last paragraph on page 12. Explain the word surefooted. Point to the image on page 13 to show why goats have to be surefooted. Draw students’ attention to the baby goat, which is not falling over or down the mountain even though it is standing only on its back legs.

After you read the text, ask the following questions:

**LITERAL**—How do goats’ bodies make it easier for them to move around the mountain slopes?

» Goats have sharp hooves that can grip the steep slopes of the mountains.
**“Surviving the Cold,” Pages 14–15**

**Scaffold understanding as follows:**

**CORE VOCABULARY**—Review the meaning of the Core Vocabulary term *survive*. Explain that in this section, students will read how different animals stay alive during cold mountain winters.

**Read aloud the first paragraph of “Surviving the Cold” and the numbered list on page 14.**

**SUPPORT**—Point out the images that illustrate each method of survival. Use the image of the sleeping bear to explain the Core Vocabulary word *hibernate*. Tell students that the word *hibernate* comes from the Latin word *hibernatus*, meaning to pass the winter. Animals that hibernate store enough food in their bodies to last for several months, and all their body processes slow down. In some animals, the heart beats only one or two times a minute. Hibernation is not sleep. It is a state of extreme inactivity that looks very much like sleep. Some animals hibernate when the weather is very cold, but they venture out on warmer days.

**Have students read the rest of the section “Surviving the Cold” on pages 14–15 with a partner.** Encourage students to refer back to the images on page 14 as needed to help them understand what they are reading.

**LITERAL**—What are the four ways that animals survive the cold weather?

» Animals move lower on the mountain where it is warmer and they have more shelter, they grow thicker coats of fur, they find shelter underground or under the snow, or they hibernate.

**“A Gallery of Animals,” Pages 15–17**

**Scaffold understanding as follows:**

**CORE VOCABULARY**—Before students read the section, introduce the Core Vocabulary term *myth*. Explain that most mountain animals are real but that there are some that are myths. In this section, students will read about real animals and one mythical beast.

**Invite volunteers to read the section aloud.**
After students have read the text, ask the following questions:

**LITERAL**—Why do mountain lions now live mostly in the mountains?

» The movement and settlement of people in the lowlands pushed the lions into the mountains.

**LITERAL**—What are three other animals that live in mountains?

» Possible answers include guanacos, ibex, wolf spiders, giant pandas, eagles, and condors.

**INFERENTIAL**—Why is the yeti considered a myth?

» No one has been able to prove that it really exists.

Tell students to take out AP 1.1 and to add more detail on AP 1.1 under the “Interesting Facts” column about the different animals that live in particular mountain ranges. Encourage students to review the entire chapter, including the Cool Facts box, as well as all images and captions.

Be sure to save time for the Check for Understanding.

**CHECK FOR UNDERSTANDING 10 MIN**

Ask students to:

- Write a short answer to the Big Question, “How do animals survive in the mountains?”
  
  » Key points students should cite in their answers include: Animals move lower on the mountain where it is warmer and they have more shelter, they grow thicker coats of fur, they find shelter underground or under the snow, or they hibernate.

- Choose one of the Core Vocabulary words (*surefooted, survive, hibernate*, or *myth*), and write a sentence using the word.

To wrap up the lesson, ask several students to share their responses.
Mountains as Barriers

The Big Question: How have mountains acted as barriers?

Primary Focus Objectives

✓ Understand how mountains act as barriers and how people have found ways around these barriers. (RI.4.2)
✓ Understand the physical and social effects of living on a mountain. (RI.4.2)
✓ Understand the meaning of the following domain-specific vocabulary: pass, tunnel, gap, wagon train, and plateau. (RI.4.4)

Core Vocabulary (Student Reader page numbers listed below)

**pass, n.** a place in the mountains that is lower than the surrounding peaks and that people use as a path through the mountains (18)
  
  *Example:* Construction workers used a low-lying pass to build a road through the mountain range.
  
  *Variation(s):* passes

**tunnel, n.** a passage through or under a natural feature such as a mountain (21)
  
  *Example:* When construction workers need for a road to cross a river or other large body of water, they either build a bridge over the river or dig a tunnel under it.
  
  *Variation(s):* tunnels, tunnel

**gap, n.** a low place in the mountains, often created by a river (22)
  
  *Example:* The Cumberland Gap in the Appalachian Mountains allowed travelers to move between Virginia, Kentucky, and Tennessee.
  
  *Variation(s):* gaps

**wagon train, n.** a line of wagons traveling west in the United States in the 1800s (23)
  
  *Example:* In the 1840s, wagon trains took people to rich farmland in Oregon.
  
  *Variation(s):* wagon trains

**plateau, n.** a large area of high, flat ground (23)
  
  *Example:* Farming is easier on mountain plateaus than on mountain slopes.
  
  *Variation(s):* plateaus
Introduce “Mountains as Barriers”  

Have students look back at the images of Denali (pages 2–3) and Mount Everest (page 8) in Chapter 1. Review the definition of the Core Vocabulary word *barrier*. Ask students to point out details in the images that serve as barriers. *(Students might note the steepness of the mountains and the snow that covers them.)*

Draw students’ attention to the Big Question. Tell students that they will be reading about the ways people have dealt with the challenges of traveling across mountains.

Guided Reading Supports for “Mountains as Barriers”  

When you or a student reads aloud, *always* prompt students to follow along. By following along, students may acquire a greater understanding of the content. Remember to provide discussion opportunities.

**“What spoils my sleep” and “San Martín Crosses the Andes,” Pages 18–20**

**Scaffold understanding as follows:**

**CORE VOCABULARY**—Read aloud the opening quotation and the first paragraph of the section “San Martín Crosses the Andes” on page 18. Explain the Core Vocabulary word *pass*, using the painting on pages 18–19 to illustrate the term. Note that the pass that San Martín used was much lower than the surrounding mountains.

**Read aloud the last two paragraphs in the section, on page 20.**

**SUPPORT**—Direct students’ attention to the Cool Facts box on the bottom of page 20. Invite volunteers to each read a bullet in the box. To help students understand how long 5,500 miles is, compare the length or width of your state to the length of the Andes. You could also compare the width of the United States (2,680 miles, or 4,313 km) or the driving distance between Los Angeles and New York City (approximately 2,800 miles, or 4,506 km, along Interstate 80) to the length of the Andes.
After reading the text, ask the following question:

**LITERAL**—Why is it difficult for humans and other animals to cross the Andes?

» The mountains in the Andes have steep slopes. Because the passes are at high elevations, it is very cold and windy. Because the air has less oxygen, it can be hard to breathe.

"Getting Over or Through Mountains" and "Mountain Passes," Pages 20–23

Invite a volunteer to read the section “Getting Over or Through Mountains” on pages 20–21.

**CORE VOCABULARY**—Review the Core Vocabulary term *tunnel*, using the image on page 22 to illustrate the word’s meaning.

Read aloud the section “Mountain Passes and Gaps” on pages 22–23.

**CORE VOCABULARY**—Review the Core Vocabulary terms *gap* and *wagon train*. Help students understand the difference between a pass and a gap. Both are low places in the mountains, but a pass is higher, whereas a gap is usually lower and created by a river.

**SUPPORT**—Draw students’ attention to the bar graph on page 23. Help students see that although some passes are very high, they are still lower than the peak elevations in their mountain ranges.

After the reading the text, ask the following questions:

**LITERAL**—What are ways people have used to travel across or through mountains?

» People have built and used S-curve roads, and tunnels.

**INFERENC**E—Why do people use gaps and passes to travel across mountains?

» People use gaps and passes because they are not as high as the rest of the mountain range.
**Mountains and People,** Pages 23–25

Scaffold understanding as follows:

**CORE VOCABULARY**—Read aloud the first two paragraphs of the section on page 23. Review the meaning of the Core Vocabulary term *plateau.* Explain to students that the word *plateau* comes from a French word *plat* that means flat. Make sure students understand that a plateau is different from other mountain terrain because mountain terrain is usually steep. A plateau, by contrast, is flat. Consider drawing on the board or chart paper to illustrate the difference.

Ask students to read the rest of the section on pages 24–25 quietly to themselves.

After reading the text, ask the following questions:

**LITERAL**—Who are the Basques? How have mountains helped to shape their culture?

» The Basques are a people who settled in the Pyrenees Mountains between Spain and France. The mountains cut them off from other people, allowing the Basques to develop a language very different from Spanish and French.

**LITERAL**—What are the effects of higher elevations on people who are not accustomed to them?

» They tire easily, have difficulty breathing, and get headaches.

**LITERAL**—How have people adapted to living at higher elevations?

» Their bodies have adapted to the thinner air so they don’t get short of breath or get headaches.

**INFERENTIAL**—Why have some groups of people who lived on mountains developed their own ways of life and have little to do with other people?

» People who live on mountains do not usually have many visitors, nor is it easy for them to travel and meet new people. This means that there are fewer opportunities to learn about other people’s ideas or ways of life and incorporate these ideas into their own culture.

Tell students to take out AP 1.1 and to add more detail about the different mountain ranges mentioned in this chapter. Encourage students to review the entire chapter, including the Cool Facts box, as well as all images and captions.

Be sure to save time for the Check for Understanding.
Ask students to:

- Write a short answer to the Big Question, “How have mountains acted as barriers?”
  
  » Key points students should cite in their answers include: making travel difficult, preventing invasions, and isolating cultures from one another.

- Choose one of the Core Vocabulary words (pass, gap, wagon train, or plateau), and write a sentence using the word.

To wrap up the lesson, ask several students to share their responses.
CHAPTER 4

Making the Most of Mountains

The Big Question: How do people benefit from mountains?

Primary Focus Objectives

✓ Understand how mountains affect rainfall. (RI.4.3)
✓ Identify the natural resources provided by mountains. (RI.4.2)
✓ Understand the types of farming available to people who live on mountains. (RI.4.2)
✓ Explain the roles that mountains play in recreation for people. (RI.4.2)
✓ Understand the meaning of the following domain-specific vocabulary: crystal, generator, dam, hydroelectric plant, industry, yak, terrace, and peak. (RI.4.4)

Core Vocabulary (Student Reader page numbers listed below)

- **crystal, n.** a colorless or lightly colored hard mineral (26)
  
  *Example:* Salt crystals are ground into the table salt we use in our kitchens.
  
  *Variation(s):* crystals

- **generator, n.** a machine that makes electricity (29)
  
  *Example:* After losing electrical power during the snowstorm, we were able to use a generator so the house lights still worked.
  
  *Variation(s):* generators

- **dam, n.** a wall used to stop the flow of water (29)
  
  *Example:* The Conawingo Dam in Maryland blocks the Susquehanna River.
  
  *Variation(s):* dams

- **hydroelectric plant, n.** a place that uses the force of moving water to power generators that make electricity (30)
  
  *Example:* Hydroelectric plants near rivers can provide electricity to thousands of homes.
  
  *Variation(s):* hydroelectric plants
industry, n. a group of businesses that use machinery and factories to make a product (31)
   Example: The automobile industry produces cars and trucks and other vehicles.
   Variation(s): industries

yak, n. an animal similar to an ox that lives in Asia (31)
   Example: People in the Himalayas raise yaks for milk.
   Variation(s): yaks

terrace, v. to build level surfaces on a mountainside (31)
   Example: Farmers grow crops on steep mountain slopes by terracing the land.
   Variation(s): terracing, terraced, terrace (n.)

peak, n. the highest point on a mountain (33)
   Example: The peak of a mountain is often covered with snow.
   Variation(s): peaks

THE CORE LESSON 35 MIN

Introduce “Making the Most of Mountains” 5 MIN

Note: This chapter is longer than the previous chapters of this unit, so we recommend that you allocate two instructional days to adequately read and discuss it. You may choose to have students read and discuss pages 26–31 and add details to AP 1.1 on one day, finishing pages 32–35 on the second day, as well as adding more details to AP 1.1. Or you may want to read the entire chapter on the first day and then add detail to AP 1.1 on the second day, as well as reviewing the entire unit.

Draw students’ attention to the Big Question. Ask students to define the word benefit (to affect positively). Invite volunteers to share examples of how people have benefitted from mountains based on what they have already read. (Possible answers: mountains provided protection against enemies and helped create new cultures.) Tell students that in this chapter they will read about other ways that mountains are important to people.

Guided Reading Supports for “Making the Most of Mountains” 30 MIN

When you or a student reads aloud, always prompt students to follow along. By following along, students may acquire a greater understanding of the content. Remember to provide discussion opportunities.
“In the 1700s a man named Jonathan Carver” and “Mountains and Moisture,” Pages 26–28

Scaffold understanding as follows:

CORE VOCABULARY—Invite a volunteer to read aloud the paragraph that begins “In the 1700s a man named Jonathan Carver.” Define the word crystal for students. Ask students to brainstorm what else those crystals might be, besides diamonds.

Invite volunteers to take turns reading the section “Mountains and Moisture” on pages 26–28.

SUPPORT—Draw students’ attention to the image on page 28. Have students trace the path of moisture as it approaches a mountain, rises, and falls as precipitation. Explain to students that the air that reaches Denver is particularly dry since it passes over two mountain ranges, the Sierra Nevada and the Rockies.

After students have finished reading, ask the following question:

LITERAL—Why are the lands east of the Rocky Mountains drier than the lands west of the mountains?

» Moist winds coming off the ocean are cooled as they rise up the mountains. Since cool air holds less moisture than warmer air does, the moisture falls as rain or snow on the western side. By the time the wind crosses over the mountains to the east, it has lost most of its moisture.
Scaffold understanding as follows:

**CORE VOCABULARY**—Read aloud the first paragraph of “Mountains and Power” on page 29. Define the word *generator*. Explain that there are many different ways to power generators. Some generators are powered by burning fuel such as coal or natural gas. Others are powered by wind, water, or solar power.

**CORE VOCABULARY**—Read aloud the second paragraph of “Mountains and Power” on pages 29–30. Review the meaning of *dam* and *hydroelectric plant*. Point out the prefix *hydro*—in *hydroelectric plant*, and explain that it means water. So *hydroelectric* refers to electricity that comes from water.

Note: Students who completed the Core Knowledge program in Grade 3 may remember the word *dam* from their study of world rivers.

When you have finished reading, ask the following question:

**LITERAL**—How do hydroelectric plants work?

» Running water turns generators. The generators make electricity.

**INFERENTIAL**—Based on the text in this chapter, why might people build dams?

» Dams allow water to be held back. When it is released, its force turns generators, which create electricity.

“Minerals,” Pages 30–31

Scaffold understanding as follows:

**CORE VOCABULARY**—Review the definition of *mineral* from Chapter 1 with students; ask students to refer to the glossary to locate the definition for *mineral*. Explain that mountains are rich in minerals. In this section, they will read about some of the minerals found in mountains. Introduce the Core Vocabulary term *industry* as a group of businesses that use machinery and factories to make products. Explain that some minerals are important for industry.

Have students read the section “Minerals” to themselves.

When students have finished reading, draw students’ attention to the Cool Facts box on the bottom of page 30. Read the list of facts aloud.

**SUPPORT**—Explain that a drought is a situation without enough water. Tell students that even though California does get rain, it is not enough to restore the snowpack in the mountains or provide for Californians’ daily needs.
needs. Therefore, people who live in California are subject to restrictions, or limits, on their water usage.

Ask the following questions:

LITERAL—What mountain ranges were described as being rich in minerals?

» The Rocky, Ural, Alleghany, and Appalachian Mountains all are rich in different kinds of minerals.

INFERENTIAL—On what continents are the Rocky, Ural, Alleghany, and Appalachian Mountains located?

» The Rocky, Alleghany, and Appalachian Mountains are all located in North America. The Ural Mountains in Russia are part of the boundary between Europe and Asia.

LITERAL—How have people benefited from the coal in American mountains?

» The coal in American mountains such as the Appalachians and Alleghenies helped American industry grow.

"Farming," Page 31

Scaffold understanding as follows:

CORE VOCABULARY—Read aloud the two paragraphs in the section “Farming” on page 31. Explain the vocabulary terms yak and terrace when they are encountered. Draw students’ attention to the image of terracing on page 32. Point out the walls that formed the terraces.

SUPPORT—Use images of llamas, alpacas, and yaks to support student understanding of the first paragraph in the section. Such images should be easily accessible through a basic Internet search.

After reading the text, ask the following questions:

LITERAL—Why are llamas, alpacas, and yaks suited to life in the mountains?

» They are surefooted and used to traveling up and down mountainsides for food.

INFERENTIAL—Why would farming be easier on a plateau instead of a mountainside?

» Plateaus are flat. It is easier to move and plant on a flat surface than on a steep surface.
EVALUATIVE—Why do people build terraces on mountainsides?

» People build terraces to create flat areas on which they can grow crops. While farming on flat surfaces such as fields or plateaus is easier, these options are not always available.

NOTE: Stop reading here if you have decided to divide reading the chapters into two parts, and have students complete Activity Page 1.1.

Tell students to take out AP 1.1 and to add more detail on AP 1.1 under the “Interesting Facts” column about the different animals that live on particular mountain ranges. Encourage students to review the entire chapter, including the Cool Facts box, as well as all images and captions.

If you are reading the entire chapter in one day, complete the Check for Understanding and AP 1.1 on the second day.

“Recreation,” Pages 32–33

Ask students to quietly read this section to themselves.

After students have finished reading, ask the following question:

LITERAL—How do we know that skiing has been important to people for a very long time?

» Archaeologists have found skis from thousands of years ago. Norwegian soldiers used skis in 1200. People have held skiing competitions since the 1800s.

“Mountain Climbing,” Pages 33–35

Scaffold understanding as follows:

Invite a volunteer to read the first two paragraphs of the section “Mountain Climbing” on page 33.

CORE VOCABULARY—Review the Core Vocabulary word peak. Direct students to a picture of a mountain, such as the image of Mount Everest on page 8 or Denali on pages 2–3. Ask students to point to the peak of the mountain in the image.

Read aloud the rest of the section on page 35.

After reading the text, ask the following questions:

LITERAL—Who were the first people to reach the peak of Mount Everest?

» Sir Edmund Hillary and Tenzing Norgay
LITERAL—What challenges do mountain climbers face when they try to reach the peak of Mount Everest?

» They face freezing temperatures, strong winds, thin air, and unexpected snowstorms.

INFERENTIAL—Why might someone want to endure difficult conditions to climb to a mountain peak?

» Answers may vary. Students may cite that some people enjoy challenges. Students may say that it would be an honor to be the first person to climb a mountain. Accept all reasonable answers.

NOTE: Stop here if you are reading the entire chapter in one day. Complete the Check for Understanding and AP 1.1 on the second day.

If this is the second day of instruction, complete the Check for Understanding, and ask students to add details from the second half of the chapter to AP 1.1.

Ask students to:

- Write a short answer to the Big Question, “How do people benefit from mountains?”
  
  » Key points students should cite in their answers include: mountains as the source of many rivers; using the downhill flow of water to generate electricity; digging valuable minerals out of the mountains; farming and raising animals; participating in recreational activities such as skiing and mountain climbing.

- Choose one of the Core Vocabulary words (crystal, generator, dam, hydroelectric plant, industry, yak, terrace, or peak), and write a sentence using the word.

To wrap up the lesson, ask several students to share their responses.
Additional Activities

World Mountains Domain Vocabulary (RI.4.4, L.4.6) 45 MIN

Materials Needed: Sufficient copies of the World Mountains Domain Vocabulary activity page (AP 4.1)

Distribute AP 4.1, World Mountains Domain Vocabulary, and direct students to use the vocabulary terms they have learned in their reading about World Mountains to solve each riddle.

This activity page may also be distributed for homework.
Teacher Resources

**Unit Assessment: World Mountains** 39

**Performance Task: World Mountains** 43

- Performance Task Scoring Rubric 44
- Performance Task Activity: World Mountains 45
- World Mountains Performance Task Notes Table 47

**Activity Pages**

- Cool Facts About World Mountains (AP 1.1) 48
- Major Mountain Ranges and Mountains of the World (AP 1.2) 51
- World Mountains Domain Vocabulary (AP 4.1) 53

**Answer Key: World Mountains—Unit Assessment and Activity Pages** 55
Unit Assessment: World Mountains

Circle the letter of the best answer.

1. Which is not a way mountains are formed?
   a) shifting plate
   b) volcanic action
   c) extinctions
   d) magma movement deep in the earth

2. Which is the highest mountain in Africa?
   a) Mount Kilimanjaro
   b) Mount Everest
   c) Mount Elbrus
   d) Mount Aconcagua

3. An extinct volcano is
   a) not likely to erupt.
   b) likely to erupt.
   c) flat.
   d) steep.

4. Two mountain ranges located in North America are
   a) the Himalayan and the Ural Mountains.
   b) the Sierra Nevada and the Atlas Mountains.
   c) the Rocky and the Appalachian Mountains.
   d) the Alps and the Caucasus Mountains.

5. Which elevation would be the coldest place on a mountain?
   a) 10,000 feet
   b) 5,000 feet
   c) 3,000 feet
   d) 1,500 feet

6. The highest mountain in the world is
   a) Mount Aconcagua.
   b) Mount Kilimanjaro.
   c) Mont Blanc.
   d) Mount Everest.
7. What mountain range is located in South America?
   a) Andes
   b) Alps
   c) Atlas
   d) Himalayas

8. What is the highest mountain in North America?
   a) Mount Everest
   b) Denali
   c) Mount Aconcagua
   d) Mount Elbrus

9. Mount Aconcagua is the highest mountain in
   a) Europe.
   b) North America.
   c) South America.
   d) Asia.

10. Which is one form of adaptation that allows animals to live on mountains?
    a) longer legs on one side of the body
    b) large antlers
    c) hoofs with sharp edges
    d) thin, light hair

11. Which of the following describes a mountain pass?
    a) goes over the top of a mountain
    b) is a tunnel
    c) is always close to sea level
    d) is an easier way to cross a mountain range

12. What is a plateau?
    a) a low place in the mountains, often created by a river
    b) a jagged place in the mountains lower than surrounding peaks
    c) a large area of high but level ground
    d) none of the above
13. People living in the Andes Mountains have adapted to the effects of
   a) frequent, heavy rainfall.
   b) volcanic eruptions.
   c) earthquakes.
   d) high elevation.

14. How do mountains create challenges for people?
   a) People with common interests may face communication problems.
   b) Armies cannot easily invade a country surrounded by mountains.
   c) Winds cannot easily carry moisture across mountains.
   d) all of the above

15. Why are mountains important to people?
   a) They contain minerals.
   b) They provide places for recreation.
   c) They are the sources of rivers that provide hydroelectric power.
   d) all of the above
Match the following vocabulary terms with their definition. Write the correct letter on the line.

a) mineral ______ 16. to stay alive

b) magma ______ 17. a passage through or under a natural feature such as a mountain

c) survive ______ 18. a wall used to stop the flow of water

d) hibernate ______ 19. the distance above sea level of a spot on Earth’s surface

e) elevation ______ 20. a naturally occurring substance found in Earth’s crust

f) tunnel ______ 21. a colorless or lightly colored hard mineral

g) generator ______ 22. to go into a sleeplike state during winter and live off body fat

h) dam ______ 23. a machine that makes electricity

i) crystal ______ 24. to build level surfaces on a mountainside

j) terrace ______ 25. melted rock from inside Earth’s crust
Performance Task: World Mountains

Teacher Directions: In this activity, students will demonstrate their understanding of world mountains using both a map and a written assignment.

Ask students to annotate the Performance Task Activity map with the locations of the mountains and mountain ranges studied in this unit. Then have students write a paragraph discussing the benefits and challenges that mountains present for people.

A sample table, completed with possible notes, is provided below to serve as a reference for teachers, should some prompting or scaffolding be needed to help students get started. Individual students are not expected to provide a comparable finished table. The goal of the sample table is to provide enough detail for students to complete the writing part of their assignment.

<table>
<thead>
<tr>
<th>Benefits of Mountains</th>
<th>Challenges of Mountains</th>
</tr>
</thead>
<tbody>
<tr>
<td>• provide homes for animals, such as goats, llamas, and yaks</td>
<td>• act as barriers</td>
</tr>
<tr>
<td>• contain valuable minerals, such as gold, copper, and zinc</td>
<td>• difficult to farm on steep mountainsides</td>
</tr>
<tr>
<td>• contain coal, which is used to generate electricity</td>
<td>• block the flow of moisture</td>
</tr>
<tr>
<td>• keep out or slow down invasions</td>
<td>• can make people sick because of thin air at higher elevations</td>
</tr>
<tr>
<td>• allow unique cultures to develop</td>
<td>• require different constructions, such as S-curve roads, tunnels, and canals, to make travel easier</td>
</tr>
<tr>
<td>• provide recreational opportunities such as skiing and mountain climbing</td>
<td></td>
</tr>
<tr>
<td>• create downhill flow of water, which can be used to generate electricity</td>
<td></td>
</tr>
</tbody>
</table>
### Performance Task Scoring Rubric

**Note:** Students should be evaluated on the basis of their completed maps and paragraphs, using the rubric.

Students should not be evaluated on the completion of the notes table, which is intended to be a support for students as they first think about their paragraphs.

<table>
<thead>
<tr>
<th>Category</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Above Average</strong></td>
<td>Map is labeled with 85% accuracy, i.e., eleven of the thirteen mountains correctly labeled. Paragraph is accurate, detailed, and persuasive. The writing is clearly articulated and focused and demonstrates strong understanding of the benefits and challenges of mountains. A few minor errors may be present.</td>
</tr>
<tr>
<td><strong>Average</strong></td>
<td>Map is labeled with 80% accuracy, i.e., ten of thirteen mountains correctly labeled. Paragraph is mostly accurate and somewhat detailed. The writing is focused and demonstrates a solid understanding of the benefits and challenges of mountains. Some minor errors may be present.</td>
</tr>
<tr>
<td><strong>Adequate</strong></td>
<td>Map is labeled with 80% accuracy, i.e., ten of thirteen mountains correctly labeled. Paragraph is mostly accurate but lacks detail. The writing demonstrates a basic understanding of the benefits and challenges of mountains. The writing may also exhibit issues with organization, focus, and/or control of standard English grammar.</td>
</tr>
<tr>
<td><strong>Inadequate</strong></td>
<td>Map is incomplete or inaccurate, i.e., nine or fewer of the thirteen mountains are correctly labeled. Paragraph demonstrates a minimal understanding of the benefits and challenges of mountains. The writing may exhibit major issues with organization, focus, and/or control of standard English grammar.</td>
</tr>
</tbody>
</table>
Performance Task Activity: *World Mountains*

On the map that follows, mark the location of the following mountains and mountain ranges with the appropriate letter. In some places, you will use two labels on the same line: one for a mountain, one for a mountain range.

A. Mount Everest
B. Mount Aconcagua
C. Denali
D. Mount Kilimanjaro
E. Mount Elbrus
F. Mont Blanc
G. Rocky Mountains
H. Appalachian Mountains
I. Andes Mountains
J. Alps
K. Himalayas
L. Urals
M. Atlas

Below, write a paragraph explaining how mountains help and challenge people. If you need more space, you may use your own paper. Use the table that follows the map to take notes and organize your information. You may refer to the chapters in *World Mountains*.

_________________________________________________________________________
_________________________________________________________________________
_________________________________________________________________________
_________________________________________________________________________
_________________________________________________________________________
_________________________________________________________________________
_________________________________________________________________________
_________________________________________________________________________
Performance Task Activity: *World Mountains*
**World Mountains Performance Task Notes Table**

Use the table to help organize your thoughts as you refer to *World Mountains*. You do not need to complete the entire table to write your paragraph, but you should try to have two or three specific examples in each column.

<table>
<thead>
<tr>
<th>Benefits of Mountains</th>
<th>Challenges of Mountains</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>
### Cool Facts About World Mountains

<table>
<thead>
<tr>
<th>Mountain Range</th>
<th>Mountain Name or Famous Peak</th>
<th>Location</th>
<th>Type of Mountain</th>
<th>Interesting Facts</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alaska</td>
<td>Denali</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Alps</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Andes</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Appalachians</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mountain Range</td>
<td>Mountain Name or Famous Peak</td>
<td>Location</td>
<td>Type of Mountain</td>
<td>Interesting Facts</td>
</tr>
<tr>
<td>----------------</td>
<td>-------------------------------</td>
<td>----------</td>
<td>------------------</td>
<td>-------------------</td>
</tr>
<tr>
<td>Atlas</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Caucasus</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Himalayas</td>
<td>Mount Everest</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Rockies (Rocky Mountains)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mountain Range</td>
<td>Mountain Name or Famous Peak</td>
<td>Location</td>
<td>Type of Mountain</td>
<td>Interesting Facts</td>
</tr>
<tr>
<td>-----------------</td>
<td>-----------------------------</td>
<td>----------</td>
<td>------------------</td>
<td>-------------------</td>
</tr>
<tr>
<td>Ural Mountains</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(None)</td>
<td>Mount Kilimanjaro</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
### Major Mountain Ranges and Mountains of the World

<table>
<thead>
<tr>
<th>Mountain Name</th>
<th>Major Range or System</th>
<th>Location</th>
<th>Elevation (in feet)</th>
<th>Elevation (in meters)</th>
<th>Highest in (the):</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mt. Everest</td>
<td>Himalayas</td>
<td>Asia (Nepal/Tibet)</td>
<td>29,028</td>
<td>8,848</td>
<td>World</td>
</tr>
<tr>
<td>Mt. Aconcagua</td>
<td>Andes</td>
<td>South America (Argentina)</td>
<td>22,835</td>
<td>6,960</td>
<td>Western Hemisphere</td>
</tr>
<tr>
<td>Denali</td>
<td>Alaska</td>
<td>North America (United States)</td>
<td>20,320</td>
<td>6,193</td>
<td>North America</td>
</tr>
<tr>
<td>Mt. Kilimanjaro</td>
<td>none</td>
<td>Africa (Tanzania)</td>
<td>19,340</td>
<td>5,895</td>
<td>Africa</td>
</tr>
<tr>
<td>Mt. Elbrus</td>
<td>Caucasus</td>
<td>Europe (Russia)</td>
<td>18,481</td>
<td>5,633</td>
<td>Europe</td>
</tr>
<tr>
<td>Mont Blanc</td>
<td>Alps</td>
<td>Europe (France/Italy)</td>
<td>15,771</td>
<td>4,807</td>
<td>Alps</td>
</tr>
<tr>
<td>Mt. Jebel Toubkal</td>
<td>Atlas</td>
<td>Africa (Morocco)</td>
<td>13,671</td>
<td>4,167</td>
<td>North Africa</td>
</tr>
<tr>
<td>Mt. Narodnaya</td>
<td>Urals</td>
<td>Eurasia (Russia/Kazakhstan)</td>
<td>6,214</td>
<td>1,894</td>
<td>Russian Urals</td>
</tr>
</tbody>
</table>
Major Mountain Ranges and Mountains of the World

**NORTH AMERICA**
- Denali
- Mont Blanc
- Mt. Elbrus
- Mt. Kilimanjaro

**EUROPE**
- Mt. Narodnaya
- Mt. Everest
- Mt. Jebel Toubkal

**AFRICA**
- Mt. Kilimanjaro

**SOUTH AMERICA**
- Mt. Aconcagua

**ASIA**
- Mt. Everest
- Mt. Elbrus

**ANTARCTICA**
- Mt. Kilimanjaro

**OCEANS**
- Arctic Ocean
- Atlantic Ocean
- Indian Ocean
- Pacific Ocean

**CONTINENTS**
- Asia
- Europe
- Australia/Oceana
- Antarctica
- Africa
- North America
- South America
- Arctic
- Atlantic
Choose the correct word from the Word Bank to answer each riddle.

- **barrier**
- **generator**
- **pass**
- **crystal**
- **hydroelectric plant**
- **peak**
- **dam**
- **industry**
- **plate**
- **elevation**
- **lava**
- **plateau**
- **equator**
- **magma**
- **tunnel**
- **erosion**
- **mineral**
- **weathering**
- **extinct**
- **myth**

---

1. I am a section of Earth’s crust that is able to move.

2. I am the line of latitude that marks the boundary between the Northern and Southern Hemispheres.

3. I am the highest point on a mountain.

4. I am a volcano that no longer erupts or explodes, like Mount Kilimanjaro in Africa.

5. I am a naturally occurring substance in Earth’s crust, such as gold or copper.

6. I make mountains smoother by breaking up Earth’s materials into smaller pieces.

7. I create dome mountains by pushing up below Earth’s surface.

8. I am something that blocks movement, like a mountain range.

9. I wear down mountains by carrying away soil and rock with water, ice, or wind.

10. I am an idea or story that many believe but that is not true, like the yeti.

11. I am magma that reaches Earth’s surface, as when a volcano explodes.

12. I am the distance above sea level of a spot on Earth’s surface.

13. I am a place in the mountains that is lower than surrounding peaks. People use me as a path through the mountains.
14. I am a passage through or under a natural feature such as mountain.

15. I am a large area of high, flat ground. I can stand on my own or be part of a mountain range.

16. I am a colorless or lightly colored hard mineral.

17. I am a wall used to stop the flow of water.

18. I am a machine that makes electricity.

19. I am a group of businesses that use machinery and factories to make a product.

20. I use the force of moving water to power generators that make electricity.
**Answer Key: World Mountains**

**Unit Assessment**


**Performance Task Assessment**

**Activity Pages**

**Cool Facts About World Mountains (AP 1.1) (pages 48–50)**

<table>
<thead>
<tr>
<th>Mountain Range</th>
<th>Mountain Name or Famous Peak</th>
<th>Location</th>
<th>Type of Mountain</th>
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</thead>
<tbody>
<tr>
<td>Alaska</td>
<td>Denali</td>
<td>North America (United States)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Alps</td>
<td>Mont Blanc</td>
<td>Europe (France/Italy)</td>
<td></td>
<td>home to the ibex; site of first mountain tunnel</td>
</tr>
<tr>
<td>Andes</td>
<td>Mt. Aconcagua</td>
<td>South America (Argentina)</td>
<td></td>
<td>home to guanacos, llamas, and alpacas; crossed by San Martín’s army; use of terrace farming</td>
</tr>
<tr>
<td>Mountain Range</td>
<td>Mountain Name or Famous Peak</td>
<td>Location</td>
<td>Type of Mountain</td>
<td>Interesting Facts</td>
</tr>
<tr>
<td>----------------------</td>
<td>------------------------------</td>
<td>------------------------</td>
<td>------------------</td>
<td>-----------------------------------------------------------------------------------</td>
</tr>
<tr>
<td>Appalachians</td>
<td>North America (United States)</td>
<td>folded</td>
<td></td>
<td>formed more than 200 million years ago; Cumberland Gap road; rich in coal</td>
</tr>
<tr>
<td>Atlas</td>
<td>Mt. Jebel Toubkal</td>
<td>Africa (Morocco)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Caucasus</td>
<td>Mt. Elbrus</td>
<td>Europe (Russia)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Himalayas</td>
<td>Mount Everest</td>
<td>Asia (Nepal/Tibet)</td>
<td>folded</td>
<td>Highest mountain in world; home to hundreds of different species; use of terrace farming</td>
</tr>
<tr>
<td>Rockies (Rocky Mountains)</td>
<td>North America (United States)</td>
<td></td>
<td></td>
<td>formed about a million years ago; block flow of moisture to Denver; silver, lead, copper, zinc, gold mines</td>
</tr>
<tr>
<td>Ural Mountains</td>
<td>Mt. Narodnaya</td>
<td>Eurasia (Russia/Kazakhstan)</td>
<td></td>
<td>rich in zinc, silver, platinum, nickel</td>
</tr>
<tr>
<td>(None)</td>
<td>Mount Kilimanjaro</td>
<td>Africa (Tanzania)</td>
<td>volcanic</td>
<td>snow-covered all year even though near the equator</td>
</tr>
</tbody>
</table>

**World Mountains Domain Vocabulary (AP 4.1) (page 53)**

1. plate
2. equator
3. peak
4. extinct
5. mineral
6. weathering
7. magma
8. barrier
9. erosion
10. myth
11. lava
12. elevation
13. pass
14. tunnel
15. plateau
16. crystal
17. dam
18. generator
19. industry
20. hydroelectric plant
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*Illustration: Argentine General Jose de San Martin crossing Andes with his army, 1817 by Augusto Ballerini (1857–97)/Museo Historico Nacional del Cabildo de la Ciudad de Buenos Aires y de la Revolucion de Mayo, Buenos Aires, Argentina/De Agostini Picture Library/G. Dagli Orti/Bridgeman Images*: 26
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Cusp/SuperStock: 32
Don White/SuperStock: 16
FLPA/SuperStock: 35
Himalayas: 16
Illustrated London News Ltd/Mar/Pantheon/SuperStock: 36
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JTBP/Photo/SuperStock: Cover D
Minden Pictures/SuperStock: 23
Nordic Photos/SuperStock: i, iii, 17
Richard Cummins/SuperStock: 33
Robertharding/SuperStock: 16, 23
Steven Kazlowski/SuperStock: 15
The Yeti, illustration from ‘Monsters and Mythic Beasts,’ 1975 © by Gino D’Achille/Private Collection/Bridgeman Images: 24
USA, South Dakota, Black Hills, Custer State Park, herd of bison grazing in valley, front view/Dorling Kindersley/UIG/Bridgeman Images: 16
Westend61/SuperStock: Cover C, 27

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- Dynasties of China
- The American Revolution
- The United States Constitution
- Early Presidents
- American Reformers

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